



**ABOUT THOMAS MUELLER** B.A., D.A.Med.

Born in Germany, Thomas's personal health issues 25 years ago led him to an interest initially in meditation, which further developed into an interest and understanding of Ayurvedic Medicine with training in Germany, Netherlands, New Zealand and India.

**His qualifications include:**

Ayurvedic Therapist training in Germany, 1989  
Meditation Teacher Training in Switzerland, 1990  
Diploma in Ayurvedic Medicine from New Zealand 2007  
Yoga Teacher Training in Bangalore, India 2010

Thomas is an International teacher of Complementary and Alternative therapies and he currently teaches in Germany. Thomas is also an Ayurvedic practitioner seeing patients at the Wholistic Medical Centre at 57 Harley Street, London.

His speciality is in pulse assessment and Panchakarma with specific interest in nutrition, food and the influence of Ayurvedic therapies on the subtler bodies having a therapeutic and beneficial effect on a physiological and physical level.

***“The main purpose or meaning of Ayurvedic treatments is to remind the body how it is or feels to function normally. It is about realigning the body's own inner intelligence towards the healing process.”***

Thomas Mueller