

# Welcome to the Wholistic Medical Centre's New Zen Sunlight Room

## 100% Safe health-giving sunbathing all year round

### Revolutionary full spectrum sunlight therapy



- ✓ Stimulates Vitamin D production which lowers cholesterol and protects body from breast, lung, colon and prostate cancer, MS, osteoporosis, alzheimers, diabetes, weak immune system and various eye conditions
- ✓ Sun tan 100% safely
- ✓ 20,000 Lux - Most effective treatment against SAD in the UK
- ✓ Energises by conditioning pineal glands
- ✓ Aids sleep
- ✓ Aids detoxification of heavy metals
- ✓ Stimulates blood circulation
- ✓ Soothes joint and muscle pains and aches
- ✓ Relief from fibromyalgia and arthritis
- ✓ Helps to lower blood pressure
- ✓ Promote healing of skin conditions such as acne, psoriasis, eczema and dermatitis
- ✓ Deeply relaxing and warming

