

## Understanding Electro-lymphatic therapy

Based on Quantum Physics, this is a safe, drug free method of improving the flow of fluids in the body. Electro-lymph therapy primarily uses an energy field to produce healing and health in a person.

It is a non-invasive, safe, highly effective therapy that very rapidly dissipates any lymph congestion which particularly accumulates in the upper chest and axilla regions of the upper body. Previously trapped protein clusters clogging up the lymph system are broken up allowing the lymph to flow more freely.

The lymph system covers the entire body and can greatly affect many functions of the body when there are obstructions in the flow of body fluids particularly blood and lymph.

Disruption of the normal flow of fluids occurs by the obstructive effect of clumped red blood cells. This interferes with oxygen being delivered to various parts of the body which in turn can cause various pathologies to occur.

**It is the charge of negative ions to the surface of red blood cells that stops them from clumping.**

A healthy person's red blood cells already has this negative charge on the outside of their cells allowing them to smoothly move through the body.

For various obvious reasons of this modern age with numerous electrical and digital devices used, we tend to lose this protective negative ion charge to the surface of our cells.

Dr Simon de Montfort who designed this machine in his 20 years of research has found there to be a strong relationship between the sluggish flow of lymph and chronic illnesses.

His specially designed light beam device simply restores the negative ion charge onto the surface of the cells, allowing them to move more freely.

## How It Works

Electro-lymphatic therapy works by producing an energy field that is applied to the surface of the skin. The energy field produced by this device brings light energy to the darker parts of your body which are contracting, and gives them the ability to relax.

The energy moves through the tissue and knocks electrons off the body cells giving them a negative charge which attracts them to the fluids flowing through blood and lymph. The relaxation of muscles and expansion created by this new energy field allows fluids to flow freely.

By improving the pressure differential between the blood and lymph allows nutrients, hormones and other necessary substances to flow from the blood into the cell bed. This keeps the body in a better state of health.

**Electro-lymph therapy works in two ways.**

- 1) One way is the initial relief of pressure and tension it provides from only a gentle pressure to the surface of the skin.
- 2) The second benefit is that it can reduce pressure sensitivities in only a couple of sessions, making the next step of deeper massage much more tolerable.

The improved energy field produced enhances the movement of lymph by improving its flow into the major collecting nodes where the extremities connect to the body. This in turn improves the elimination of accumulated toxins in the lymph which has an enormously beneficial effect on the immune system.

**Although this machine does not cure, it treats problems associated with chronic conditions.**

To achieve the full effect of this device, time and patience is required.

Since the lymph system runs throughout the body, anything that hinders the lymph system can have knock on effects on the entire body.

**The Quantum Physics behind this device not only charges red blood cells, improving their mobility, it also breaks up wastes being stored in the tissues, which clears pathways in the lymph system to make the immune system more functional.**

Blood and lymph flow are interdependent. so whatever helps the lymph to flow will also help blood to flow and vice versa.

The energy field created also has the ability to flush pathogens such as viruses and yeast from the interstitial spaces into the lymph channels.

## Preparation required prior to your Electro-lymph treatment

**Following a shower that morning, it is important not to apply any body lotion or deodorant.**

This avoids not only spoiling the delicate surface structure of this machine, but also prevents any of the ingredients inside such products to be driven into the skin during a treatment session.

**It helps to have already begun a detox and drainage programme** prior to receiving Electro-lymph therapy. In other words, it helps to be drinking plenty of water, to have done a bowel cleanse, dry or wet skin brushing, eating a clean and healthy diet as well as doing some regular gentle exercise or rebounding. This prepares the way for shifting toxins on another deeper level without producing severe detox reactions.

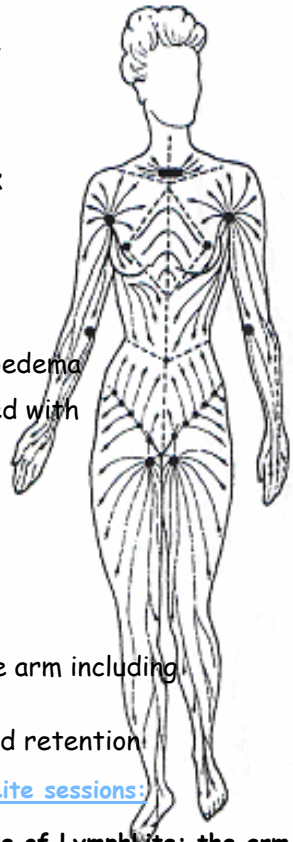
## Number of sessions required

Depending on your condition and doctors recommendation, it is generally advised to start with a 20 minute session 2-3 x a week, gradually reducing to once a week and then once a month.

Useful applications of Electro-Lymph Therapy

Although our primary use of this device is to release any lymph congestion around the breast tissue, this therapy can also be used to help with:

- Sinus problems
- Headaches
- Skin lesions on head and face
- Hearing difficulties
- Sore throats
- Lymphadenopathy in the neck
- Stiff necks
- Sore shoulders
- Whiplash
- Pulmonary inflammation and oedema
- Relieves congestion associated with emphysema
- Helps relieve asthma
- Fibromyalgia
- Cellulite reduction
- Chronic colitis
- Reducing lymphoedema of the arm including carpal tunnel syndrome
- Problems associated with fluid retention



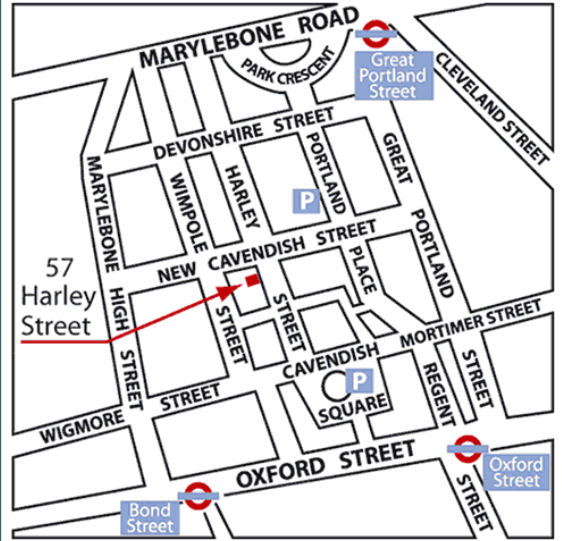
What people say about the LymphLite sessions:

**"Thank you for giving me the course of LymphLite; the arm is certainly softer and the discolouration is sometimes not there at all. This machine is a wonderful tool to get things moving and flowing in the lymphatic system." H.M.**

**"After just one session, my left breast felt softer, was no longer painful and the lumpiness seemed to just disappear which was a huge relief." R.S.**

**"I was simply amazed to feel the tenderness in my left breast disappear after just one session which only confirms how much lymph congestion affects our breasts. I am looking forward to booking a series of sessions" C.B.**

How to find us:



Our clinic is approximately 10 minutes stroll from Bond Street, Oxford Circus, Regents Park or Baker Street underground stations.



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**Electro-lymphatic  
Therapy**

