

Working with Dr Daya

As a Complementary Health practitioner, the word 'complement being preferable to alternative, really takes on true meaning working with Dr Shamim Daya. Trained in conventional medicine, having worked as a GP she also has an openness to the possibility that we don't know everything and that there is never a single answer. She is thorough in her investigations never being content with covering up or masking symptoms, she understands the need to discover the cause or causes of the presenting problems.

My own work has included the effects of stress on the body and takes into account the emotional & nutritional aspects that oppose healing. Working together with the Wholistic Team we are able to delve deeper into root causes and offer supportive balanced care. Every person has a unique course of investigation and treatment, supplements are carefully assessed and balanced, as the Medical Detective, Dr Daya will always want to know why and never accepts the obvious as it is rarely the cause. She can oversee the blend of conventional medicine with complementary, matching up blood results with energetic assessments, saliva test, Chinese medicine and digestive & nutritional support.

The MSAS Professional uses the body's energy system by taking readings from the Meridian system, looking for most Toxic Organs, areas of inflammation, organ pressure or weakness. It can pick out vitamins, minerals, hormones, organs emotions that are out of balance and from there we can advise on the appropriate route to rebalance and wellness.

For further information on the MSAS Equipment please visit

www.biomeridian.com

What Dr Daya says about Sheila

Any tool is only ever as good as its operator and interpreter. Sheila is an excellent & brilliant practitioner of the Bio Meridian MSAS system which makes her findings on this tool extremely valuable to me in gathering important & relevant information in order to better manage my patients treatment plan.

What patients say following Sheila's Recommendations

- "After a day or two of taking my drainage drops my dizzy head turns which I've had for 5 yrs seemed to just disappear. That was amazing!" P.N.
- "Since taking my drainage drops I feel generally much better and less toxic." N.P.
- "The persistent cough I had for so long seemed to suddenly go after a few weeks on the drainage drops." Y.K.
- "I was amazed at how accurate and relevant the emotional state was detected on Sheila's machine as well as the effectiveness of the specific flower remedy selected." J.H.

What you can do yourself to reduce your cellular toxicity:

- Drink plenty of good quality water.
- Eat sensibly i.e. reduce/avoid refined carbohydrates, rich and fatty foods.
- Dry skin brushing improves lymphatic flow.
- Exercise regularly, especially using a rebounder.

BioMeridian Testing with

Sheila Partridge



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Bio Meridian MSAS testing with Sheila

The BioMeridian MSAS (Meridian Stress Assessment System) Pro computer is an advanced health screening tool. **Combining the power of energy medicine with modern computing, it holds a database of over 40,000 items and remedies against which a patient can be screened.**

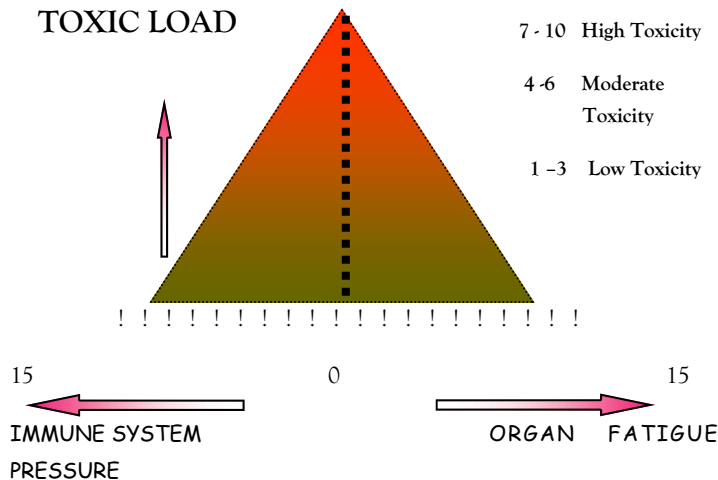
Applying a stylus to an acupuncture point on the finger makes this testing process painless and non-invasive. A signal from the MSAS system stimulates the body's energy system for each of the items tested and records the feedback from the body.

This system is capable of comprehensive body screening incorporating the body's major organs and systems. It can also detect the presence of parasites, bacteria, viruses, metals and other contaminants which may compromise the body's overall health and wellbeing.

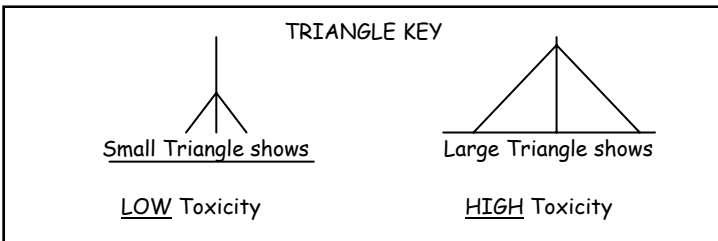
Sheila Partridge is qualified in Nutritional Medicine trained in the UK and the USA. She has worked in corporate stress management and is now a Master Practitioner of the MSAS system.

The BioMeridian MSAS is an amazing tool that can screen for any of the following profiles:

- Toxic Triangle
- Emotional State Imbalances
- Vitamin and Mineral Status
- Hormone Levels.
- Food Intolerances
- Metals/ Parasites/ Viruses/ Fungi
- Leaky Gut
- Liver's ability to Detoxify
- Gut's ability to Absorb



(How your body is reacting to toxins) (How fatigued your organs have become)



High levels of toxicity can severely inhibit the uptake of vital, body maintaining nutrients, as well as drain the immune system and produce a downward spiral of ill health.

It has been found with severely toxic people, many foods and even nutritional supplements will be treated as toxic by the body

1-3 Low Toxicity	You have few toxins present in your body and will most likely respond well to normal holistic treatments. You may benefit from a mild detox program to remove any toxic residues.
4-6 Moderate Toxicity	Toxins are present at levels which will be starting to affect your health. These toxins need to be neutralised and eliminated through a personalised detox program. You will still benefit from normal holistic treatments at this time.
7 - 10 Highly Toxic	You are suffering a compromising toxic load. Most treatments including nutritional supplements will be recognised by the body as being toxic. Toxins must be neutralised and eliminated through a personalised detox programme before any other treatments are started.

How toxic are you on a cellular level?

The build-up of toxins in the body is a major contributor to physical and mental illness.

It is important that these toxins are identified and treated before traditional treatments can work effectively.

The toxic triangle indicates your toxicity from three important angles.

Firstly, your **Toxic Load** indicates the level of toxicity and which organ is affected most by this.

Secondly, the **Immune System** indicates the degree of inflammation or how your body is reacting to toxins and which organ is most affected by this.

Finally, **Organ Pressure** indicates which organ has become most fatigued. Using specially formulated cellular drainage remedies, these toxins can be neutralised and eliminated from the body quite rapidly.

How good is your digestion and absorption?

Most people have difficulty digesting fats, proteins or carbohydrates and this adds further to your toxic load.

How efficient is your liver's ability to detoxify?

The liver is designed to detoxify in two main pathways. If they are not working efficiently we naturally become more toxic.

Do you have a leaky gut?

A leaky gut can cause a multitude of health problems including food intolerances, hindering our healing process

As part of your initial Biomeridian testing session with Sheila & Dr Daya each of these important questions are addressed with accurately chosen, balanced remedies.