



Benefits of sunlight research

Millions of dollars has been spent on research into why a daily dose of natural sunlight is beneficial to our health. This research is widely available in medical journals and many books have been published on the subject matter. Our sunlight fully replicates natural sunlight and it's benefits. Our test document carried out by the Swedish government (attached) shows how we replicate the sun.

Our History

Real Sunlight has over 20 years of experience in sunlight simulation. Initially we developed "sunlight tunnels" similar to "wind tunnels" for the car industry to companies such as Volvo, Saab, Chrysler and Audi. We were the first company that managed to replicate natural sun enabling these companies to test their cars in their factories rather than fly them out for tests in for example the Arizona desert. The vehicle industry operate under extremely stringent quality controls so this in itself is a testament to the quality of our product.

In 2000, Ingemar Nilsson, the Swedish inventor of the sunlight got the idea of building sunlight simulators for humans while watching a Bingo TV program, realising that everyone wanted to win a trip to Mauritius. He had some spare parts left over from one of his industrial installations and built one for himself and his factory workers. He quickly realised how rejuvenating and how much enjoyment his workers got from the sun so over the next few years he worked hard to further develop the sun and associated environments. During this time he had 1000's of people visiting and trialling his sunlight.

8 years of safe Sunlight

The first Real Sunlight installation was made in a Swedish nursing home in 2002. The local council did a study where they proved that their staff sick leave had reduced by up to 25% after the sun installation. This council now have four different sun rooms in their nursing homes, and in addition we have installed over 25 sun rooms in other Swedish care and nursing homes. Most of the nursing home installations has either been fully funded by government or county council grants.



With over 50 installations, tens of thousands of people from toddlers to 100 year olds have safely enjoyed our sunlight since 2000. All our customers are delighted with the positive effects of our sunlight; we have never ever heard of anyone having any negative side effects from sunbathing in our sunlight.

Media Coverage in Sweden

The media coverage in Sweden has been great with most major newspaper and the State television featuring us several times. Last week for example we were featured in Hemmets Journal and Amelia, two weekly glossy magazines and when I was home at Christmas the third largest newspaper had a picture and article on the front page about our latest installation in a nursing home in Gothenburg (attached scanned pdf). I have attached a couple of links as well as the above two articles...

<http://www.gp.se/nyheter/halland/1.143678-friskvard-pa-sandstrand>

<http://sydsvenskan.se/malmo/article583233/Fardtjanst-till-sol-och-strand.html>

The above article in Hemmets Journal was written after a visit to one of our installations which is run by a lady suffering from fibromyalgia. Her life has been transformed since she installed one of our sunlight simulators. We have also featured her in one of our case studies on our website (<http://www.realsunlight.co.uk/massage.htm>).